RED HOOK ROTARY CLUB NEWSLETTER JULY 18, 2003

At Locavore Market

In attendance: Carl Dowden, Becca Kent, Ariadne Montare, Chris Chale, Jennifer Van Voorhis, and Susan Simon.

Guest Speakers: Tina Eckert and Meg Boyce of Alzheimer Association

The Locavore Market

29 West Market Street, Red Hook, NY 12571



Meg Boyce, Ariadne Montare and Tina Eckert



Carl Dowden, Susan Simon, Jonah Triebwasser and Becca Kent enjoying breakfast and conversation at the start of the meeting.

Our meeting was called to order at 8:00am

YEX – We need host families for our Youth exchange program. It is imperative that we all work at getting host families. Our Youth Exchange Student lives with a host family for 3 months out of the year. We also are asking for 2 Rotarians to take on our Club Youth Exchange positions – Counsellor or Compliance. This is at our club level. You will be able to work with Chris and shadow her as we receive a new student at the end of August.

RYLA – We received Thank You notes from each student that participated. The common theme was that this leadership program has been a life changing program for them all to attend. Please see attached pictures of notes.

COTY – Citizen of the Year is a Foundation fundraiser and is being held October 14th at the Red Hook Community Center. **Brent Kovalchik** has been selected and he has accepted.

Membership – Jennifer has asked for contact information for anyone that you have brought to a meeting as a guest or potential new member that you have asked. She is building a list to include in future communications.

Guest Speakers -

- Tina Eckert <u>Walk Manager</u> for DC and Putnam since 2018. She was previously worked with American Cancer Society.
- > Meg Boyce <u>VP of Programs & Services</u> Approximately 26 years on the Hudson Valley Chapter.

Both women are very knowledgeable of the association and all it has to offer. They shared the importance of their work and how they are able to help care givers, families and those that have been diagnosed with any form of dementia or Alzheimer. Meg shared a bit about how the fundraising has accelerated research and the new developments of that research. New medications and treatments are being developed that aid in slowing the progression of the disease. October 14th is this year's walk and we will be participating. Jennifer has been selected as Team Captain. The walk is in the morning and will be at the Walkway over the Hudson.



JOIN ADRAG IN THE FIGHT AGAINST ALZHEIMER'S.

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's® is the world's largest fundraiser to fight the disease

As a National Team, your organization has committed to engaging employees across the country to raise critical awareness and funds to advance Alzheimer's care, support and research.

BENEFITS OF PARTICIPATING:

- Help show your company's support of the community and feel proud of your involvement.
- Take part in team building with your colleagues.
- Enjoy exclusive benefits offered to National Teams, such as pre-Walk kickoff events and webinars with other companies in the program and Alzheimer's Association-hosted education programs.

PROUD

NATIONAL TEAM

Help improve the lives of those affected by Alzheimer's today and those who will face it in the future.

WAYS TO GET INVOLVED:

- Registration is easy: visit alz.org/adrag to join your company's team.
- Grow your team by including friends, family, co-workers and other community members.
- Fundraise with your teammates to support the cause. The Alzheimer's Association® provides tips and resources to guide your team's fundraising and recruitment efforts.
- Join your local Walk Planning Committee.
- Become a local event sponsor.

FUNDRAISING IDEAS FOR THE WORKPLACE:

The Association provides fun ideas and resources to engage your employees or members, clients and community in the cause. Consider the following activities as you plan for your fundraiser

- Create a fitness challenge and ask participants to seek donations for every mile they run or step milestone they reach.
- Host a charity night for your community with entertainment and a silent auction. Donate a percentage of sales to Walk to End Alzheimer's.
- Lead a dance class on the jitterbug, the hand jive, flossing or anything in between. Teach the moves, share why you are motivated to fundraise, and ask for donations.





Ariadne Montare previously was sworn in as our President. Today we presented her with her pin and a pad folio for the notes she is taking.

Schedule:

▶ July 25th on zoom Guest Speakers - Lily Schaub & Jill Rodriguez

August:

- 1 8am-9am Zoom Business Meeting
- ≥ 8 8am-9am Locavore Peter Sullivan, District Governor
- > 15 8am-9am Zoom Jacob Lerner & Beau Loendorf
- > 22 8am-9am Locavore Kyle Roddey/RHHS
- > 29 5:30-7:00pm Red Hook Rec Park 5th Tuesday Meeting

RADIO ROTARY

Tune in to the award-winning RadioRotary (on WBPM 92.9FM and 96.5 FM, 1260AM and 1420AM or http:// www.wbpmfm.com/) and at 7:00 a.m. (on WGHQ 920AM and Magic 92.5FM, or www.wghq.fm) co-hosts Sarah O'Connell-Claitor and Jonah Triebwasser.

Listen to Radio Rotary on WBPM 92.9 FM Sundays at 6:30 a.m. or http://www.wbpmfm.com/ or ask Alexa to; Play WBPM; And on Magic 92 WGHQ-AM 920 AM and 92.5FM Sundays at 7:00 a.m. or www.wghq.fm or ask Alexa to; Play ;WGHQ.

Anytime at www.RadioRotary.org

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